

News Release

For Immediate Release

May 6, 2025

Contact: Paula Wimer, Respite Coordinator at respite@swhealth.ne.gov or 308-345-4990

Let's Get Crafty!

Nebraska Lifespan Respite Network to Host Craft Night in Trenton

The Southwest Respite Coordinator is pleased to announce an exciting upcoming event, DIY Door Hanger Craft Night, to be held on Friday, May 30, 2025, at 6:00 p.m. at the Trenton Ambulance Barn in Trenton, Nebraska.

This event is designed to provide caregivers and community members with an opportunity for relaxation, social engagement, and creative expression. Attendees will work with instructor Emily O'Byrne to create seasonal decorative door hangers. A special summer kickoff promotion offering 50% off select craft items will also be available.

As part of the summer kickoff promotion, registration for the event is available at a discounted rate of \$20, offering 50% savings off the regular \$40 fee. This fee includes all crafting materials, hands-on instruction, and a completed project to take home. Vouchers are available for family caregivers who qualify.

Event Details:

• **Event:** DIY Door Hanger Craft Night

• **Date:** Friday, May 30, 2025

• **Time:** 6:00 p.m. Central Time

• Location: Trenton Ambulance Barn, Trenton, NE 69044

• Cost: \$20 (Special 50% Discount)

Registration Includes:

- All crafting supplies
- Step-by-step project instruction
- A completed, personalized door hanger

Why Attend:

- Enjoy a fun and creative evening out
- Connect with fellow community members
- Learn a new crafting skill
- Create a lasting, personalized keepsake

Advance registration for the Respite Craft Night is required due to limited space. To reserve a spot, contact Paula Wimer at (308) 345-4990 or email respite@swhealth.ne.gov.

The Nebraska Lifespan Respite Network highlights the importance of respite care services for family members needing a break from caregiving. "Respite care allows caregivers to recharge, knowing their loved ones are in good hands," explains Paula Wimer, Respite Coordinator for the Respite Network's southwest service area. "Our mission is to support caregivers by offering opportunities for rest, support, and connection."

If you or someone you know is caring for a loved one and needs a break, contact Paula Wimer at 308-345-4990 or visit respite.ne.gov. The Lifespan Respite Network Southwest Service Area serves Arthur, Chase, Dawson, Dundy, Frontier, Furnas, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, McPherson, Perkins, Red Willow, and Thomas counties.

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